How to Take Measurements

	Notes	Measurement	Reference Diagram
Height	On hard floor, remove shoes. Feet flat and together, back against a wall. Measure from floor to top of head	Round to the nearest Whole inch	Head Chest Waist
Chest Size	Over an undershirt, measure the circumference at the largest part of the chest.		
Inseam	Stand up straight with legs slightly apart. Measure from just below the lowest part of the crotch to the bottom of the ankle.		
Waist	Over an undershirt, measure the circumference at the belly button.		
Head Circumference	Measure around the widest possible circumference.	Round to the nearest <u>Quarter</u> inch	Length
Length of Foot	While wearing sox, trace the foot while standing flat footed then measure the length of the tracing.		